

## Arena Info and Location

Whitby Iroquois Park Arena @ MONDAY NIGHTS

The SUMMER Program is played on Monday Nights starting at 7 pm at Iroquois Park Sports Centre in Whitby!

FIVE ON FIVE -BOX LACROSSE STYLE FORMAT

Situated on 50 acres of parkland, the Iroquois Park Sports Centre is Canada's largest municipally owned and operated recreation facility comprised of six (6) ice surfaces, including a large stadium arena, two pools, a fully licensed restaurant and food court area, banquet and meeting rooms, elite athletic training facilities, 6 illuminated tennis courts, 3 illuminated tournament quality baseball diamonds, another two unlit ball diamonds and a fully lit tournament quality soccer pitch.

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OSHAWA CIVIC FIELDHOUSE @ THURSDAY NIGHTS 99 Thornton Road South, Oshawa

The FALL and WINTER Programs are played on Thursday Nights at the OSHAWA CIVIC FIELDHOUSE, an indoor multi-purpose field house that has an international size artificial turf playing surface

FIVE ON FIVE -FIELD LACROSSE STYLE FORMAT (THURSDAYS)  
CIVIC FIELDHOUSE

- Peak roof height 50m
- Permanent full field marking
- An international FIFA size 100 metre x 70 metre artificial turf playing field; can be configured into two or four fields

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